



# Rewarding Better Care at Lower Cost:

## Re-Designing MD Compensation in the World of Accountable Care

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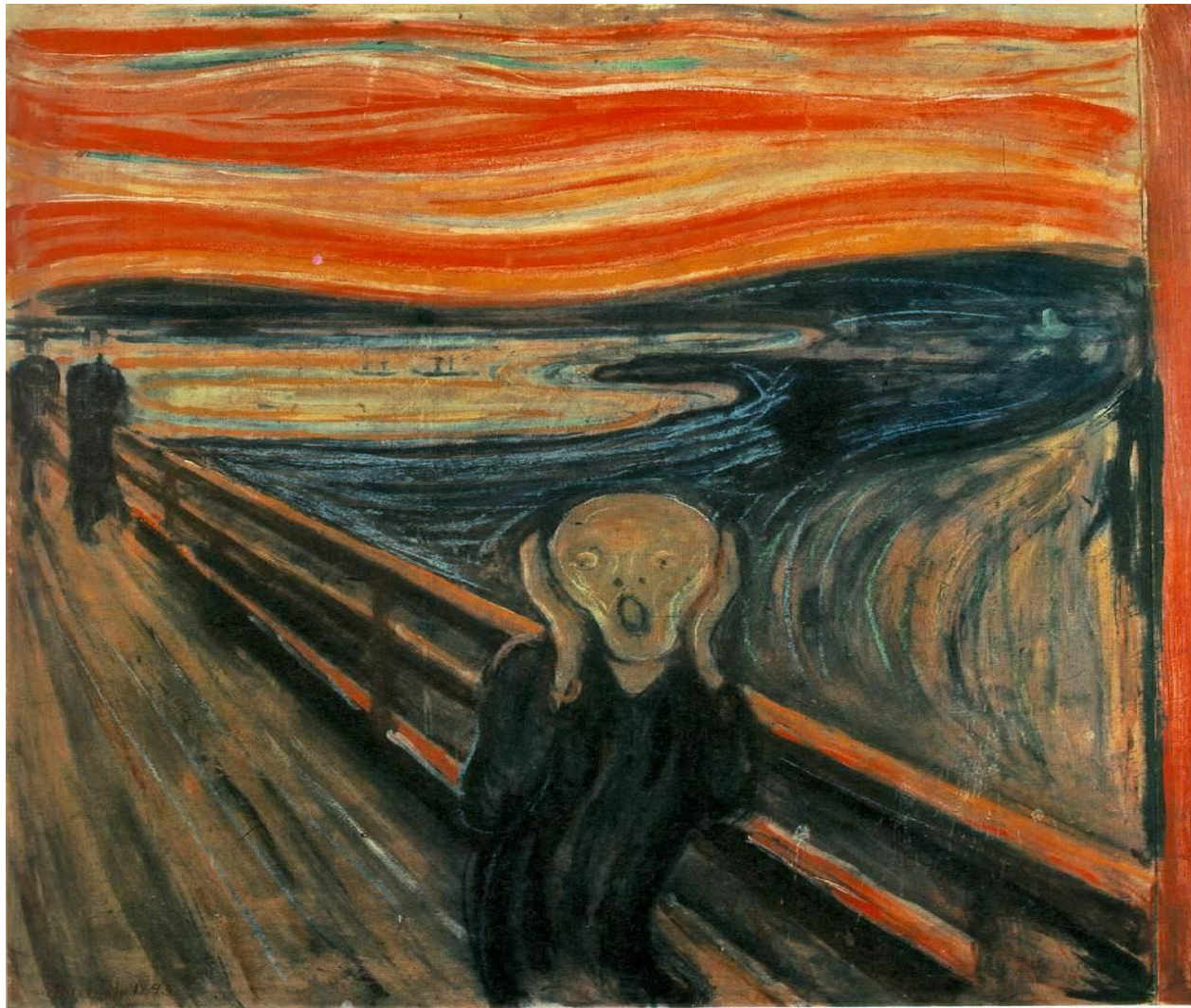
# Our Discussion Today

- ***The Rationale:*** Our imperative for re-aligning incentives
- ***The Models:*** An overview of Dean's primary care and specialty value-based incentive models
- ***The Lessons Learned:*** Changing physician compensation is like changing culture- it takes time, patience, and lots of communication
- ***A Broader View:*** Trends in the Group Practice environment and predictions for the future

# The Rationale

Our Imperative for Re-aligning Incentives

# Non-Alignment of Incentives was transformative at Dean



← FFS

← Capitated

← FFS

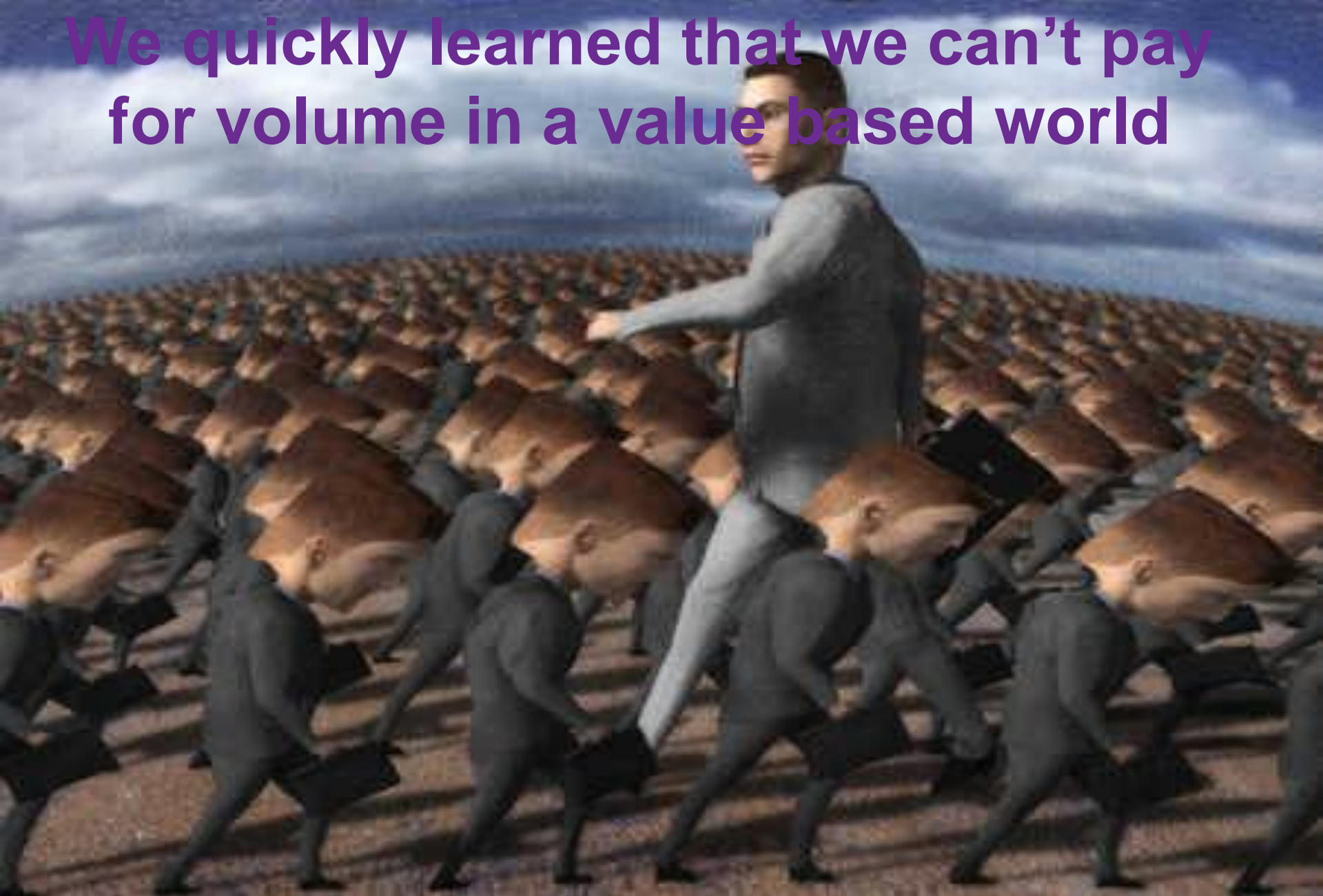
← Capitated



# Dean's Vision and Focus

- Our Vision: “We are passionate about keeping our patients healthy, exceptional at caring for them when they are sick, and efficient in providing them with the best value and service.”
- Our Focus: **Let the rest of our industry focus on Volume. We're focusing on Value.**
  - Delivering Effective Care
  - Delivering Patient-Centered Care
  - Delivering Efficient Care

**We quickly learned that we can't pay  
for volume in a value based world**

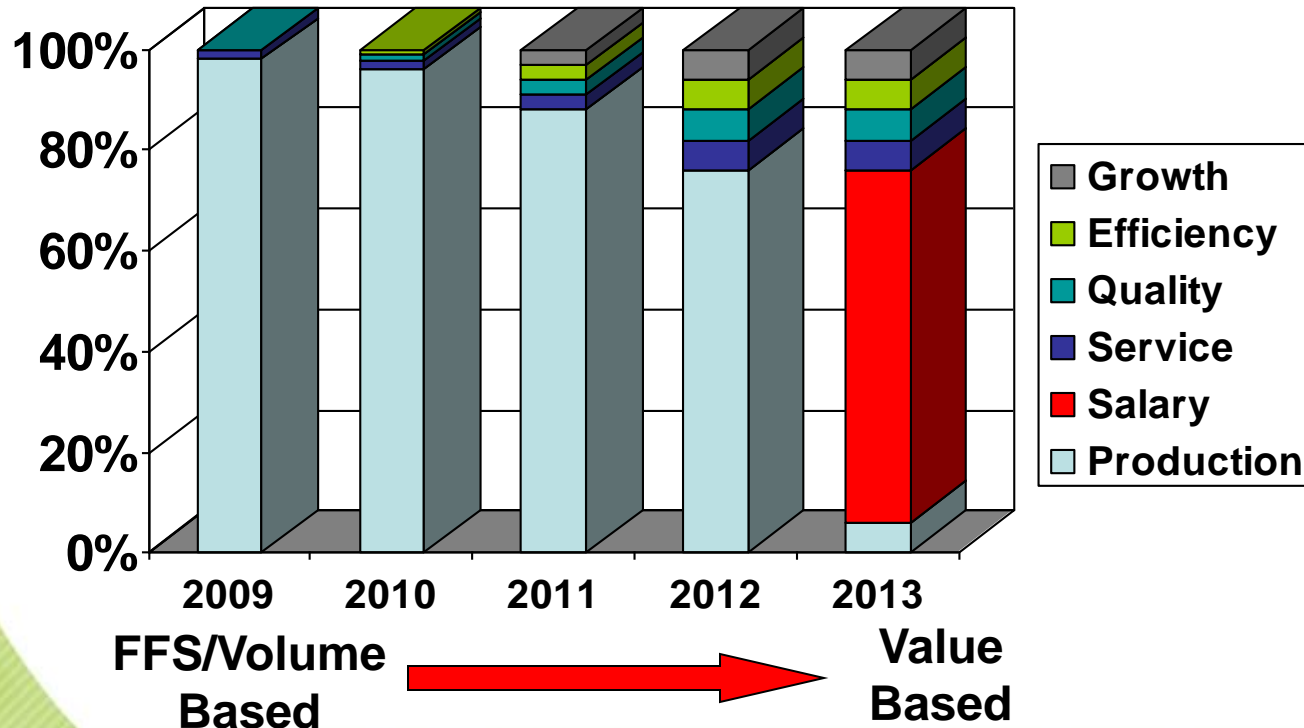


# The Models

An overview of Dean's Primary Care  
and Specialty Value-Based Incentive  
Models

# So, we began the journey toward creating a variable comp plan

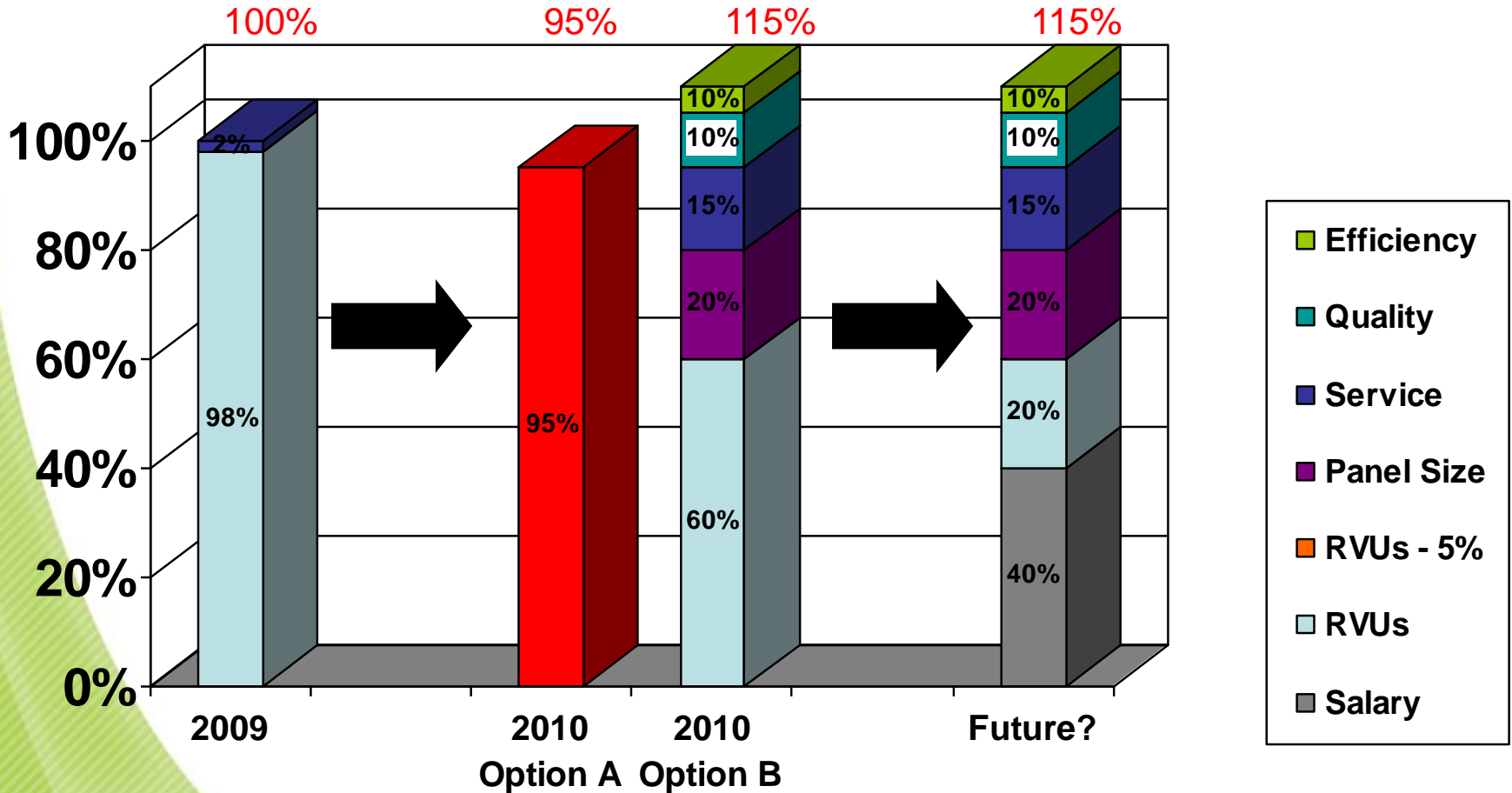
Dean MD Compensation Model Transformation 2009 to 2013





# In our Medical Home, the urgency for re-alignment was even greater

Dean PCMH Compensation Model Transition



# Dean Physician Incentive Model 2013

## Access/Growth

- Unique Patients Metric (or)
- CG-CAHPS Access Measure Individual (or)
- CG-CAHPS Access Group

Access/Growth

Patient Satisfaction

## Patient Satisfaction

- CG-CAHPS Overall Rating of Doctor at the individual level (or)
- CG-CAHPS Overall Rating of Doctor at the department level (or)
- Service Improvement process metric

Quality

## Quality

- Successful attainment of quality metric as identified by benchmarks or CAVE analysis

EXCEPTIONAL  
PATIENT EXPERIENCE

Cost

## Cost

- Successful attainment of efficient metric as identified by benchmarks or CAVE analysis

Supplemental Goals

## Supplemental Goals

- Superb Service Score
- Department Budget
- Staff Satisfaction with MDs
- Total Cost of Care

# The Lessons Learned

Changing physician compensation is like changing culture- it takes time, patience, and lots of communication

# Lessons Learned along the Way

- “It’s a team effort”
  - While it takes time, and its fraught with many headaches, we encouraged the Dean Board and a committee of physicians to lead the comp re-design process (rather than management). When all that your culture knows is “pay for volume”, it takes time and effort to design an effective solutions for a value-based world.
- “Comp Re-Design Doesn’t Solve Everything”
  - The flaw of most compensation model re-designs is that they try to do too much. Remember that vision, data, peer-pressure, values, compacts, or guilt can sometimes be an effective way to bring people along.
- “Create a Balanced Scorecard”
  - If you want to reward value, the incentive plan (or other persuasion techniques) need to have balanced measures to encourage service, quality, cost, growth and production.
- “Reward Corporate, Department and Individual Performance”



# Lessons Learned along the Way (continued)

- “Measure First”
  - It is most ideal to measure and report first, and link to comp second.
- “Options made the transition palatable”
  - Given the fear and anxiety associated with comp change, we created a menu of options so that there were multiple chances to receive the incentive.
- “Incentive size made the transition palatable”
  - We initially set the incentive at very small percentages, e.g. 1-2% each.
- “Low thresholds made the transition palatable”
  - We initially made the goals as achievable as possible
- “We changed the metrics, decreased the options, increased the weights, and raised the thresholds over time”
  - Once comfort with the new model set in, physicians were comfortable with more modifications.

# A Broader View

Trends in the Group Practice Environment and predictions for the  
future

# The GPIN Experience October 2012:

“If you were to identify which quadrant your group falls in as of today, which would you pick?”

## *The Value Model:*

Group's risk-based payments are  $\geq 25\%$  AND Physician's incentives for value are at least 10% of total cash compensation or greater

5%

## *The Charitable Model:*

Group's risk-based payments are  $< 25\%$  AND Physician's incentives for value are at least 10% of total cash compensation or greater

1%

## *The Funky Model:*

Group's risk-based payments are  $\geq 25\%$  AND Physician's incentives for value are less than 10% of total cash compensation

3%

## *The Volume Model:*

Group's risk-based payments are  $< 25\%$  AND Physician's incentives for value are less than 10% of total cash compensation

90+

# Will incentive re-design be restricted to ACOs, or will it go further?



**Blue Cross Blue Shield of Massachusetts and Beth Israel Deaconess Physician Organization Sign Alternative Quality Contract**



**Dean**  
HEALTH PLAN

Anthem.

SHARP



Advocate Health Care



**BlueCross BlueShield of Illinois**

"With nearly 500 primary care physicians and 1,300 specialists, aligned across the entire spectrum of care, we are







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