# The Changing Health Care System: The Growing Importance of States

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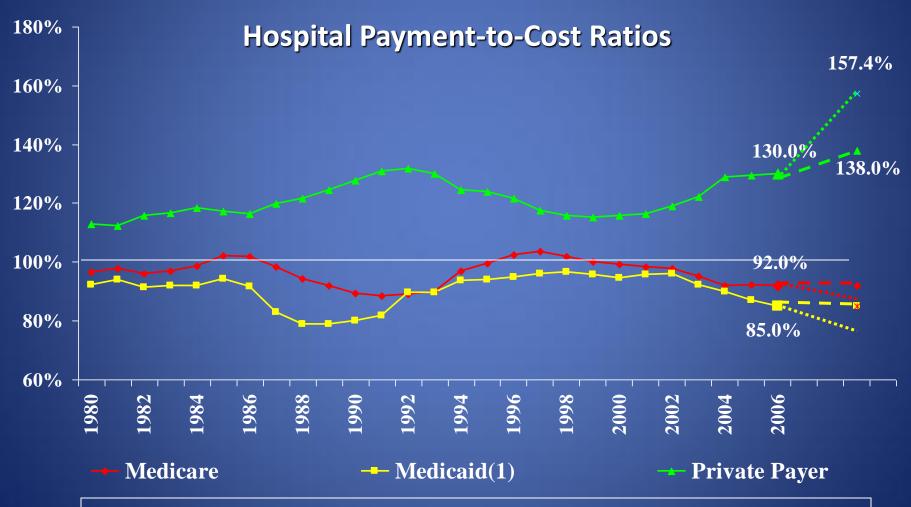
#### At The State Level---

# States Being Pushed to Be Concerned About TOTAL (Not Just Medicaid) Health Care Spending---

Why--- Problem of Rising Private Insurance Premiums

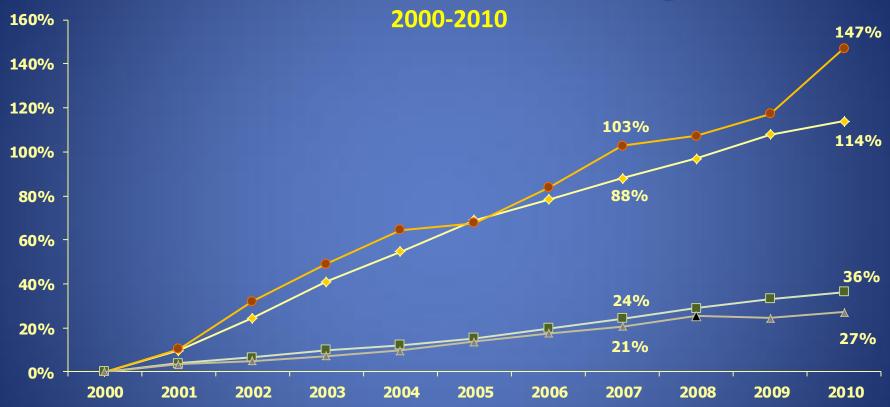
#### The Cost-Shift Issue---

### Private Insurance Payments Used To Pay For Lower Government Payments



Source: Avalere Health analysis of American Hospital Association Annual Survey data, 2005, for community hospitals. (1) Includes Medicaid Disproportionate Share payments.

# Cumulative Increases in Health Insurance Premiums, Workers' Contributions to Premiums, Inflation, and Workers' Earnings,



Notes: Health insurance premiums and worker contributions are for family premiums based on a family of four.

Source: Kaiser/HRET Survey of Employer-Sponsored Health Benefits, 1999-2011. Bureau of Labor Statistics, Consumer Price Index, U.S. City Average of Annual Inflation (April to April), 1999-2011. Bureau of Labor Statistics, Seasonally Adjusted Data from the Current Employment Statistics Survey, 1999-2011 (April to April).

→ Health Insurance Premiums

Workers' Contribution to Premiums

**─**□─ Workers' Earnings

**─**Overall Inflation



## Involvement Need Not Mean REGULATION

But It Might!!!

# The Role of States In Promoting A More Efficient Health System

# The Massachusetts Story

#### **Spending & Delivery Reform Oversight**

Health Policy Commission\* (11-member board)

Distressed
Hospital Fund
\$135M

Executive
Director and
Staff

Payment Reform Fund \$11.5M

Center for Healthcare Information and Analysis

<sup>\*</sup> In EOHS but not subject to EOHS control. Exempt from state civil service requirements and pay scales.

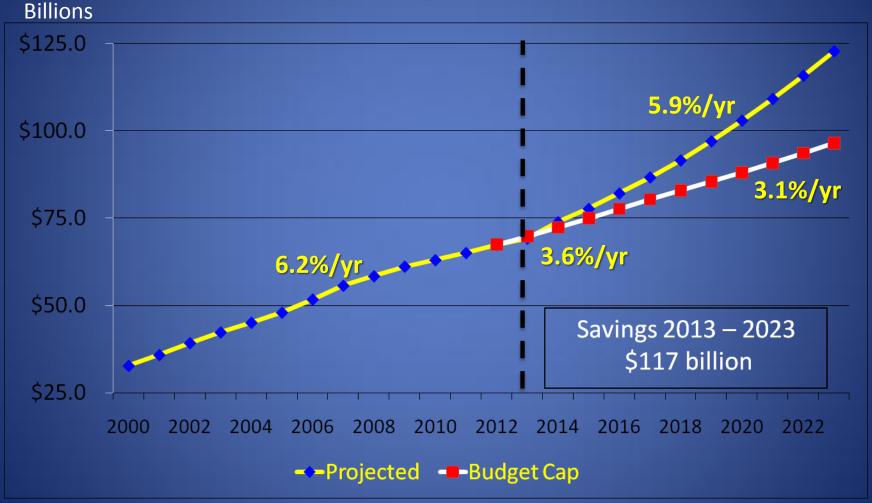
# How Is The Commission Organized

## Issues of Major Importance to Commission

- Assuring That State Meets Spending Growth Target
- Allocating Grant Funds To Community Hospitals To Help Develop:
  - New Delivery System
  - New Payment Systems
- Conducting Cost and Market Reports for Those Consolidations and Merger That Could Impact On:
  - Total Medical Spending
  - Availability of Services e.g. Behavioral Health
  - Regional Access to Care
- Certification of Patient Centered Medical Home (PCMH)

# Reaching The Goal of The Law---

### Massachusetts Statewide Heath Care Spending Targets (All Payer)



Source: Author's calculation based on historical state spending estimates and projected national health spending growth from the CMS Office of the Actuary and targets set forth in Chapter 224 University

# Health Policy Commission Not a Regulatory Body---

### Ultimate Responsibility Still Within Private Sector!

## HPC is Like The Health Systems Mother---



We Keep Reminding The System to Eat It's Vegetables

# BUT--- If Rates Shoot Up Again What Could Happen?

#### What Could Be Next?

